

Tournament Rules:

1. Same rules as the league Rules.
 2. Except – No extra points
 3. Games are 30 minutes long. 15 minute halves.
 4. 1 minute warning at the half and the game (clock stops)
 5. One time out per half.
 6. Clock does not stop any other time.
- A. Offense
- a. Teams start at the 5 yard line.
 - b. Teams get 3 downs to cross the midline. If they cross they get 1st. Down.
 - c. If the teams get a first down they get three more to score.
 - d. Teams can run with a handoff or pitch out unless they are within the 10 yard line.
 - e. THE QUARTERBACK CAN NEVER RUN.
 - f. The ball must be hiked from the center of the field. One player must line up on each side of the center.
 - g. NO BLOCKING BALL IS DEAD...
- B. Defense.
- a. A linemen can rush after lining up 7 yards from the ball.
 - b. A lineman can only rush after the lining up 7 yards away.
 - c. Defensive backs can push players with the ball out of bounds but no other contact is allowed.
- C. Scoring
- a. Td's from inside the midpoint are 7 points.
 - b. Td's from outside the midpoint are worth 8 points.
 - c. Safeties are 2 points. Defense gets the ball at the 10yard line.
- D. Penalties and misc.
- a. Offense
 - i. Offsides/ illegal procedure 5 yards repeat down.
 - ii. Delay of game / 5 yards loss of down
 - b. Defense
 - i. Offsides / Illegal Rush – 5 yards.
 - ii. Pass interference – Spot foul. Repeat down.
 - iii. Illegal Conduct – 10 yards repeat down.

- iv. Unsportsmanlike conduct - 10 yards / Note – **The refs can remove a player for a down/Series / half / game or the tournament for unsportsmanlike conduct.**